

NOVEMBER 2025 BMES NEWS



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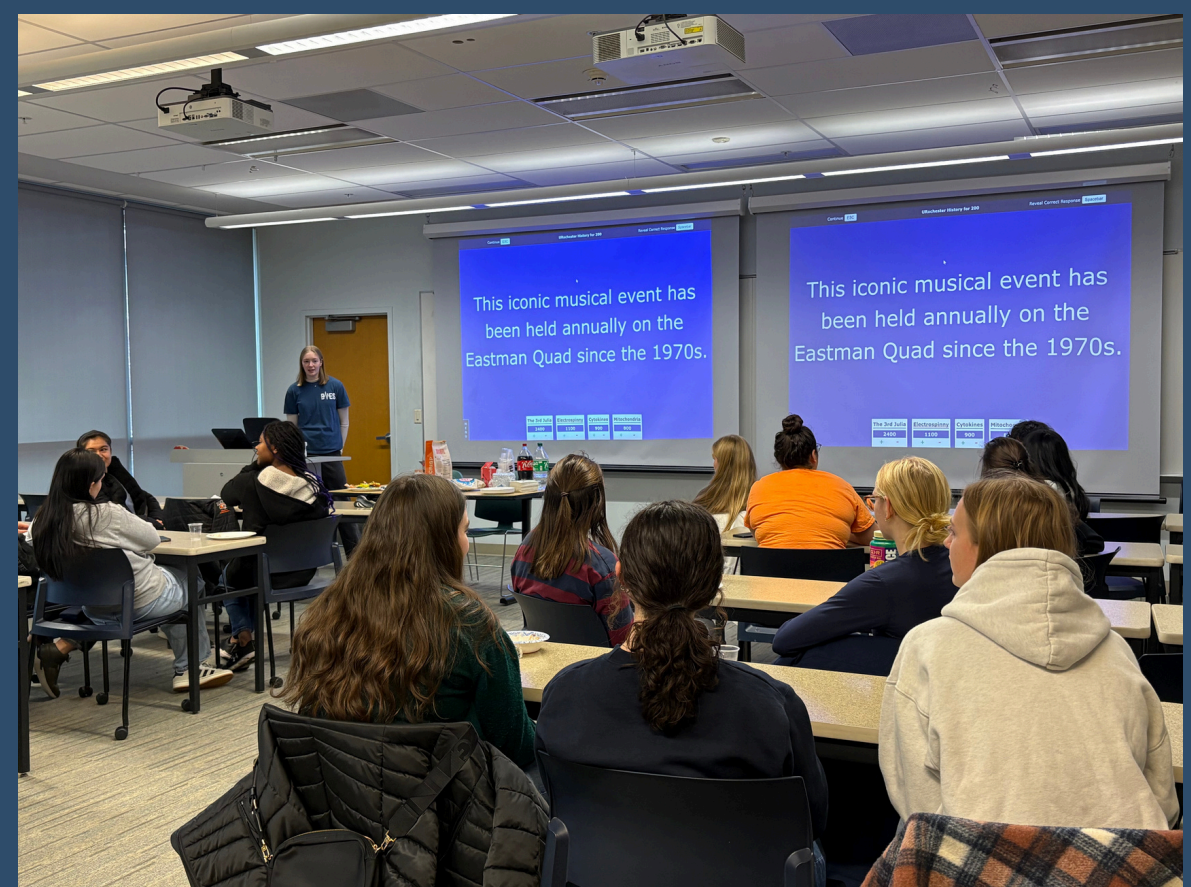
an official newsletter of the URochester BMES student chapter!

NOVEMBER HIGHLIGHTS *Here's a look at some of our recent events*



Students took lab tours where they learned about research at RIT. Students also took part in several interactive activities, including a BME-themed Jeopardy game that added friendly competition and tested knowledge across key BME topics.

In November, the University of Rochester and RIT BMES chapters came together on the RIT campus for the first ever BMES interchapter event aimed at strengthening connections between the two schools.



The event helped build stronger ties between the chapters and set the stage for future collaborations within the local BME community.

We look forward to working with RIT more in the future!



Check us out & stay up to date!

Student Spotlight
Form!
[LINK](#)



Website
[sa.rochester.edu
/bmes](http://sa.rochester.edu/bmes)

Instagram
[@bmes_at_uofr](https://www.instagram.com/bmes_at_uofr)

LinkedIn
BMES at University
of Rochester

Suggestions +
Questions
Form!
[LINK](#)

UPCOMING EVENTS!

  **BMES Pre-Finals Yoga Session!**
Take a break from studying and give your nervous system a little love! BMES, in collaboration with the Mindful University Project, is hosting a relaxing Yoga for the Nervous System session right before finals. No experience is needed just bring yourself and get ready to unwind, reset, and breathe.

 **Date: 12/10**

 **Time: 5:15 PM**

 **Location: GAC, Leibner-Cooper Room (Dance Room)**

Come de-stress with us and head into finals feeling grounded and refreshed!



BMES & THE MINDFUL UNIVERSITY PROJECT PRESENT:

YOGA FOR THE NERVOUS SYSTEM

**12/10 | 5:15PM
GAC
LEIBNER-COOPER ROOM
(DANCE ROOM)**

NO EXPERIENCE NEEDED, JUST COME RELAX AND SOOTHE YOUR NERVOUS SYSTEM WITH US!

Good Luck with Finals Everyone!

We'll see you in the spring:)

Interested in an internship?

STERIS Manufacturing Engineer Co-op Spring 2026, [LINK](#)

Plexus Corp. Intern - Design Assurance (Spring 2026), [LINK](#)